



Recreational Programs Schedule

| Program | Mon | Tues | Wed | Thurs | Fri | Sat |
|------------------------------------------------------------------------------------------|----------------------------|-----------|---------------------------|-----------|----------------------------|----------------------------------------------|
| Intermediate Recreation 7+ yrs. 1.5 hrs. \$58/mth | 4:30 - 6 pm 7 - 8:30 pm | | 4- 5:30 pm 7 - 8:30 pm | | 4 - 5:30 pm 6:30 - 8 pm | 10 - 11:30 am 11:30 - 1 pm 1:30 - 3 pm |
| Pre-teen Recreation 12-14 yrs 1.5 hrs. \$58/mth | | | | | | 1:30 - 3 pm |
| Power Recreation 10+ yrs (level 3+) 2.5 hrs. \$69/mth | 6:30 - 9 pm | | 6:30 - 9 pm | | | 1:30 - 4 pm |
| Teen Adult 14+ yrs. 2 hrs. \$9/class (member) \$12/class (non member) | 9 - 11 pm | 9 - 11 pm | | 9 - 11 pm | | |

* Prices **DO NOT** include \$20.00 GO fee (one time annual fee)

* Coaches, class times and in some instances age range can be changed according to demand.