



The Scarborough Gym Elites Gymnastics Club is proud to host our 3rd annual 'Retro-Summer' Power Tumbling Invitational! The 'Retro-Summer' atmosphere is perfect for athletes who want to try new skills/levels and is also a great opportunity for new starters to get a taste of what's to come for next season. Medals will be given out 1st to 3rd, ribbons from 4th to 10th place, as well as a group of special awards per flight. Special awards for exceeding performance include: fastest tumbling, best landing, biggest end skill, and more! Athletes must be registered with Gymnastics Ontario as an Interclub, Provincial or National Power Tumbling athlete. They must also be 8 years of age as of December 31st of 2008 to be able to compete. Athletes under 8 by this time can register as a demonstrator.

Date: Sunday, June 15th, 2008 (Registration Deadline is Monday, June 2, 2008)

Entry Fee(s): \$30.00 per athlete (\$15.00 for demonstrators)

Dress Code: Interclub athletes may wear shorts and a T-shirt with club colours. Provincial and National athletes are required to wear a competitive or otherwise fitted leotard or singlet and shorts (bring your summer colours if you wish).

Equipment: Athletes will be using an 84' rod floor with a 26' run way to a 20' padded landing surface above a foam pit (Run up is 10 feet short of F.I.G. length). Appropriate landing mats and spring board will be provided upon request (mats can be used on strip or on the landing zone).

Forward registration and questions to:

**The 'Scarborough Gym-Elites'
(Payable to)
510 Coronation Drive # 15/16**

**Phone: 416 – 282 – 2496
Fax: 416 – 283 – 2947
Cameron@ScarboroughGymElites.com**

Directions

From East:

401 West to Port Union
 South on Port Union to Lawrence
 Right on Lawrence to Beechgrove
 Left on Beechgrove to Coronation
 Right on Coronation
 Front building on the right

From West/North

401 East to Morningside
 South on Morningside
 Straight through 5 traffic lights
 Left at Coronation (6th light)
 Straight through next 4-way stop, just
 around the bend (front building)



Location

'Scarborough Gym-Elites'
 510 Coronation Drive
 Unit 15/16 (front building)
 Scarborough Ontario
 M1E 4X6

Interclub Requirements

<u>Interclub C</u>	<u>Interclub B</u>	<u>Interclub A</u>
<i>-Compulsory Pass-</i>	<i>-Compulsory Pass-</i>	<i>-Compulsory Pass-</i>
Power Hurdle Cartwheel Cartwheel Round off Straight Jump	Power Hurdle Round off Back Handspring Straight Jump	Power Hurdle Round off Back Handspring Back Handspring Straight Jump
<i>-Optional Pass-</i>	<i>-Optional Pass-</i>	<i>-Optional Pass-</i>
From Power Hurdle - 3 skills - Maximum DD = 0.6 - No saltos	From Power Hurdle - 3 skills - Maximum DD = 0.6 - No saltos	From Power Hurdle - 3 skills - Maximum DD = 0.9 - No pike, layout/straight or twisting saltos

Registration form

Club Name	
Club Contact	
Phone Number	
Fax Number	
Email Address	

- Payment must arrive no later than Monday, June 2nd -

Coach's Name(s)	NCCP Number	Lv. of Cert.

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Total _____

'Demo' 'I': Interclub 'P': Provincial 'N': National
 Athletes – 8 'I-A', 'I-B', or 'I-C' 'P-D', 'P-C', 'P-B', or 'P-A' 'N-10/14,' 'N-15+,' 'N-Y'

Club Name	
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Coach's Name(s) – continued	NCCP Number	Lv. of Cert.

Registration form Continued

- Payment must arrive no later than Monday, June 2nd -

Athlete's full name (please print clearly)	GO Number	Date of Birth DD/MM/YY	M /F	Level	Fee (30.00)
1.					
2.					
3.					
4.					
5.					
6.					
7.					
8.					
9.					
10.					
11.					
12.					
13.					
14.					

